tion or basis; but the new method of psycho-analysis, trying to look for the first time into our dreams with some kind of scientific understanding, has established in them a system of meanings, a key to things in us which need to be known and handled by the waking consciousness; this of itself changes the whole character and value of our dream-experience. It begins to look as if there were something real behind it and as if too that something were an element of no mean practical importance.

But the subconscious is not our sole dream-builder. The subconscious in us is the extreme border of our secret inner existence where it meets the Inconscient, it is a degree of our being in which the Inconscient struggles into a half consciousness; the surface physical consciousness also, when it sinks back from the waking level and retrogresses towards the Inconscient, retires into this intermediate sub-conscience. Or, from another view-point, this nether part of us may be described as the antechamber of the Inconscient through which its formations rise into our waking or our subliminal being. When we sleep and the surface physical part of us, which is in its first origin here an output from

the
Inconscient, relapses towards the
originating incon-
•science, it enters into this subconscious
element,
.antechamber or substratum, and there
it finds the
impressions of its past or persistent
habits of mind
•and experiences,—for all have left their
mark on our
•subconscious part and have there a
power of recur-
rence. In its effect on our waking self
this recurrence